

IDHS/DMH Recovery & Empowerment Statewide Calls

2023 - Expanding Horizons



Please mark your calendars now for the
2023 Recovery & Empowerment Statewide Calls!

Calls are held on the 4th Thursday of every other month
(Jan, March, May, July, and September) 10:00 a.m. - 11:00 a.m.

Call-In Number for audio only: 1-312-535-8110

Access Code/Meeting Number: see below Phone Password: 78283943 #

DATE	TOPIC	ACCESS CODE
Jan 26 th	Recovery in Today's Crisis Services	2460 256 0278
Mar 23 rd	Tools for Wellness and Recovery	2456 549 1311
May 25 th	Cultural Differences in Mental Health, Wellness, & Recovery	2453 692 8428
Jul 27 th	Evolving Substance Use and Mental Health Recovery	2467 949 6899
Sep 28 th	The Role of Social Media in Wellness and Recovery	2451 262 1269

NEW for 2023: You now also have the option to log in & watch with WebEx! An invitation with login instructions will be sent out via Communications Alert email about two months before each call. Registration is optional.