

2022 CRSS/CPRS Competency Training

Save These Dates!

The Illinois Department of Human Services/Division of Mental Health will be hosting six virtual training opportunities in 2022. This training is offered as six half-day trainings. Each Session will be offered 3 different days and times to allow participants to select the most convenient time to attend. Sessions 1, 2, 3 & 4 focus on the Core Domains and Sessions 5 & 6 focus on the Code of Ethics.

Participants will have opportunities to gain knowledge and increase skills and competency during the training. CEU's will be provided within one month following the last training date for each Session. Individuals will get the CEU hours based on their actual attendance and participation in the training (WebEx automates this data). You are free to choose which of these days and times are most convenient for your attendance. Please see below for training dates and times. Pre-registration is **REQUIRED** and will be completed through the WebEx Training platform. Registration links will be released separate from this notice.

Dates Registration Will Go Live:

Sessions 1 & 2: April 18

Sessions 3 & 4: May 11

Sessions 5 & 6: June 8

Free Virtual CRSS/CPRS Training:

Half-Day Trainings	Monday 9:00 AM – 12:00 PM	Wednesday 1:00 – 4:00 PM	Friday 9:00 AM – 12:00 PM
Session 1	June 27	June 29	July 1
Session 2	July 11	July 13	July 15
Session 3	July 25	July 27	July 29
Session 4	August 1	August 3	August 5
Session 5	August 15	August 17	August 19
Session 6	August 22	August 24	August 26

WHO SHOULD ATTEND:

- CRSS & CPRS professionals who wish to increase their skills
- Individuals interested in pursuing either the CRSS or CPRS credential
- Supervisors of peer recovery support specialists and other CRSS or CPRS staff

WHAT YOU WILL LEARN AND PRACTICE:

- CRSS Overview: What is CRSS, Steps to obtain CRSS
- Advocacy: Advocating for Those in Crisis
- Professional Responsibility: The Power and Importance of Inclusive Language
- Mentoring: Motivating and Supporting Others, CRSS/CPRS Career Panel
- Recovery Support: Trauma Informed Care, Assisting Others with Co-occurring Disorders
- Ethics: Code of Ethics Overview, Maintaining High Standards of Personal Conduct, Resolving Conflict in the Workplace, Closing the Gap, 7 Steps in Ethical Decision Making

CRSS/CPRS Competency Training Series for 2022

SESSION 1: June 27, 29, & July 1
CRSS Overview
Participants will: <ul style="list-style-type: none">• Define what is the CRSS• Steps to obtain the CRSS• Identify where individuals are in the process of becoming a CRSS
Trauma Informed Care
Participants will: <ul style="list-style-type: none">• Define trauma and the impact it has on emotions, thoughts, and behaviors• Recognize the prevalence of trauma in individuals served• Develop ways to take care of ourselves

SESSION 2: July 11, 13, 15

The Power and Importance of Inclusive Language

Participants will:

- Discover the power of your words
- Discuss person-first, identity-first, and other inclusive language
- Recognize the difference between the intent and impact of your words and silence

CRSS/CPRS Opportunities Panel

Participants will:

- Obtain tips individuals can offer to others who are working towards achieving their credential
- Identify how Recovery Support Specialists have utilized person first language in their work
- Recognize the qualities that make an effective role model

SESSION 3: July 25, 27, 29

Advocating for Those in Crisis

Participants will:

- Define what is a crisis
- Identify various situations in which advocating is needed
- Practice appropriate advocating for those in crisis

Motivating and Supporting Others

Participants will:

- Recognize motivation, support & navigation as the primary roles in mentorship
- Apply motivation, support & navigation skills to assist a person in moving toward their goals
- Practice utilizing Recovery Support skills in supporting others

SESSION 4: August 1, 3, 5

Assisting Others with Co-occurring Disorders

Participants will:

- Identify the various pathways to recovery and wellness
- Recognize the signs of distress for people in substance use or mental health crisis
- Identify local and virtual outreach and support options

CRSS/CPRS Panel

Participants will:

- Identify various roles in which they have supported individuals by advocating for those in crisis
- Discover opportunities for assisting individuals with co-occurring disorders
- Understand how motivation, support and navigation are primary roles in mentorship

SESSION 5: August 15, 17, 19

Code of Ethics Overview

Participants will:

- Determine the reason for having the Code of Ethics
- Identify the importance of the Code of Ethics
- Recognize the commitment they are making when submitting the application for certification

Maintaining High Standards of Personal Conduct

Participants will:

- Evaluate personal minimal standards of conduct
- Discuss scenarios pertaining to personal conduct and CRSS/CPRS standards
- Identify the role of self-care in effective role modeling
- Practice completing a personal inventory on self-care habits

Resolving Conflict in the Workplace

Participants will:

- Recognize the power of non-verbal communication
- Identify keys to conflict resolution in the workplace
- Practice using one's influence for constructive purposes (role modeling)

SESSION 6: August 22, 24, 26

Closing the Power Gap

Participants will:

- Define power differential and personal humility regarding CRSS/CPRS professionals
- Recognize abuse that can occur when there is a power differential
- Practice methods of interaction that help close the power gap

7 Steps in Ethical Decision Making

Participants will:

- Identify standards eight, fourteen and fifteen from the CRSS/CPRS Code of Ethics
- Recognize the importance of these three standards
- Discuss challenging scenarios related to situations involving professional boundaries